Listening sessions begin as part of diversity and inclusion efforts

Allegra Taylor
Staff Writer

Over the past two weeks, Vice President for Diversity and Inclusion and Associate Dean of the Faculty Kimberly Barrett has held four listening sessions for students and staff with concerns or ideas relating to diversity and inclusion at Lawrence. Some of the topics that came up at the sessions were focused on the need for more diversity in clubs, possible improvements to curriculum and better inclusion training programs for students and staff.

One thing Barrett hopes to achieve by holding these sessions is to create a more open environment. She emphasized the importance of discussion in an inclusive campus, "One of the things we know how to do is happen is we need to create places for authentic dialogue."

She continued, "I'll have a student advisory board made up of all different groups—including the groups that are more conservative—getting people from around the spectrum to talk about and act for the common good. It'll be an opportunity for students to talk and organize together."

"A centerpiece of our diversity work will be inclusive pedagogy," Barrett addressed a student’s concern about classroom inclusion. "It’s important that people learn of different ways to deal with diversity in the classroom. In terms of orientation for students, faculty and staff, it needs to be a more prominent part." Barrett also pointed out that trainings need to be more integrated into a helping. Barrett recommended several student groups that are dedicated to promoting and supporting diversity and social justice such as the Committee on Diversity Affairs (CODA) and Black Student Union (BSU).

"We’re all at different places so we all need to be gentle with each other in this work," Barrett said. "But no matter what your intent, you have to really look at the impact of what you did!"

Barrett has spent much of her career working to promote diversity and inclusion on college campuses and elsewhere. She has provided sensitivity training for schools, community groups and businesses, and dealt with issues of sexual harassment, homophobia, race relations and prejudice. "I’ve been doing this work for a long time and I’m still learning and growing, and the landscape changes," Barrett said. "But whatever your intent, you have to really look at the impact of what you did!"

The two remaining diversity and inclusion listening sessions are for faculty and will take place on Oct. 18 from 5 to 6:30 p.m. and Oct. 20 from 11:30 a.m. to 1 p.m. in the Thomas Stitz Hall Science 202.

"Inside Out" Weekend reinforces Diversity Center support system

Eleanor Jersild
For The Lawrenceian

College students often undergo many emotional ups and downs throughout the academic year. If a student who is struggling wishes to find a strong support system at Lawrence, the Diversity Center is one of several places on campus with its arms wide open. Chris Vue, the Diversity Center coordinator, organized an event centered on the recent film "Inside Out" to show Lawrence students just how strong a support system the Diversity Center can be.

The event was held from 11 a.m. to 3 p.m. on Saturday, Oct. 8.

To kick off the event, any one who came settled down for a viewing of "Inside Out" at 11 a.m. Afterward, students had the opportunity to receive free T-shirts and take part in numerous activities, including a do-it-yourself Chex Mix bar, a postcard-writing station and a photo booth with props.

Junior Yeeleng Yang, a training coordinator in the Diversity Center, explained, "These informal events are much needed. They do a great job of enabling discussions on important issues and topics." Yang appreciated the Diversity Center’s eagerness to make students feel comfortable with themselves and their surroundings. "I think the Diversity Center picked 'Inside Out' because it highlights the feelings that students, particularly freshmen, might experience when faced with a transition to an unfamiliar place," said Yang.

With the relocation of the Diversity Center to the main floor of Memorial Hall just this year, the chances of students discovering its presence are much greater. Hosting events such as this will also draw in more students.

"I think the point of this program was to help students realize that there are many support systems like the Diversity Center that can be really useful when they are going through difficult times or struggling to cope with personal endeavors," explained Yang. By hosting this event, the Diversity Center not only hoped to provide students with something fun to do over the weekend, but also to further secure their role in the community.

Students and Diversity Center faculty show off their T-shirts during the "Inside Out" event.

Op-Ed

Guil Louis on Haiti and Anti-Blackness

Kelsey Kaufmann
Staff Writer

On Thursday, Oct. 6, an informational meeting was held in the Warsh Campus Center Cinema regarding the Council on Community Service and Engagement (CCSE) Humanitarian Projects Grant. Junior and current chair of CCSE Anti-Blackness Barrett is presenting the information. The grant is Lawrence-sponsored and available to any student with an idea for a humanitarian aid project that they would like financial support to conduct. It is worth approximately $2,000.

It is part of Lawrence’s initiative to encourage students with big ideas to engage with the world and make a difference.

The grant can be awarded only to individual students, not organizations, on account of the capability of $1000 funding for organizations. The grant can cover anything relevant to the project, from supplies to travel expenses.

The scope of the project can be as near as the Appleton community or as far as another continent. According to Li, there is "a lot of flexibility to the grant," but the council is particularly looking for students with "big ideas, not the things you would expect."

Throughout the presentation, the importance of innovation and specificity was stressed.

Although the amount granted on CCSE’s webpage is $2,000, there is a degree of flexibility to the award from year to year. According to Li, the award "depends on the number of applicants and on how much is requested.

For smaller projects, the total amount may be divided among applicants. Larger projects may be awarded the full amount. In the past, the CCSE grant has been awarded to multiple students with widely varying ideas. Some recipient organizations of past ideas are Ghana, Pakistan, Flood Relief and Hurricane Katrina Relief. One project that was highlighted was junior Najid Vepuri’s project to help rebuild hospitals and clinics in his native country of Nepal following a devastating earthquake.

Another project was a student who focused on teaching yoga and meditation for well-being.

The CCSE accepts applicants of all backgrounds and ideas for consideration. While not every project has been fully funded, CCSE has given aid to many volunteers.

The deadlines for applications are Nov. 3.
Information session educates student body on BFRBs

Britt Beermann
For The Lawrence

Hair-pulling, nail-biting and skin-picking are common Body-Focused Repetitive Behaviors (BFRBs). They are not just habits or tics. In North America alone, 10 million people have a BFRB. “They’re more common than eating disorders,” said freshman and host of the BFRB awareness presentation Eileen Bauer, which occurred on Oct. 6 in the Kraemer Room of Warch Campus Center.

These are types of compulsive disorders. It is “not OCD, but it’s classified under the same category,” Bauer explained. Unlike OCD, however, BFRBs cause physical harm to the body, such as skin infections, bald spots that could lead to complete baldness, scarring or intestinal problems. BFRBs usually manifest in puberty and end in many cases. This is when the sufferer picks at a fiddle toy. This takes the damage off the body and helps because BFRBs are sensory-based disorders.

“Many people do it, often without even realizing it. It is one that has been described as automatic,” Bauer said. “Sometimes on the inside of the cheeks or lips is a similar disorder.”

It’s actually common to have multiple of these disorders,” Bauer said. “Someone who has it will move on to another part of the body.” Usually, it is from eyebrows to hair.

Why do people do this? Bauer responded that it “alleviates tension and anxiety or OCD, or depression.” It may also have a genetic predisposition to that disorder. Research is still being done on BFRBs. There is also no specific medication for any of the aforementioned disorders. However, Habit Reversal Therapy (HRT) has proven helpful in many cases. This is when instead of picking at the hair, the sufferer picks at a fiddle toy. This takes the damage off the body and helps because BFRBs are sensory-based disorders.

One last misconception is that BFRBs are thought to be synonymous with self-harm. People who have a BFRB do not exhibit these behaviors intentionally to harm themselves. It is a compulsion.

Sustained Dialogue training aims to heal

Hannah Birch
Staff Writer

On Saturday, Oct. 22, Lawrence will officially begin a new community-focused initiative called Sustained Dialogue (SD) by beginning student moderated training. According to the Sustained Dialogue Institute (SDI), SD is defined as “a systematic, prolonged dialogue among small groups of citizens committed to changing conflicted relationships, ending conflict and building peace.” The goal of training is to offer students the opportunity to gain moderate skills and to identify students interested in leading SD among groups of Lawrence community members.

Internationally, SD has been employed at 40 campuses around the globe, some of which are Lawrence’s peer schools, such as St. Olaf College and Macalester College. At Northwestern University, the training has even been integrated into some academic programs, such as its renowned journalism program. SD topics are typically identity-focused. Dean of Students Curt Lauderdale cites the past year of identity conflicts at Lawrence as a cause for partnership with SDI. While there are programs at Lawrence like Sankofa Conversations that aim to encourage dialogue about diversity issues, SD offers a unique approach.

The idea behind SD is that initial relationships between community members must be healed in order to have impactful dialogue that ultimately addresses difficult community issues like diversity and inclusion. As a result, SD requires a significant amount of time and attention focused on rebuilding relationships.
**Why Are We Afraid of Spiders?**

Madea Seaman
Staff Writer

For most of my life, I was not a fan of spiders. Yes, I am a fan of them now, but up until a few years ago, I avoided them at all costs. And I know they’re more afraid of me than I am of them, but that doesn’t help the fact that I was still afraid. But why? Why was I afraid? What made them any scarier than some other bug?

When asked why you are afraid of spiders, what is your gut reaction? I know I immediately think “I don’t want them on me!” and I like spiders! Why not? I pick up grasshoppers and beetles every chance I get! When I’m at home tide pooling, I’ll pick up the spider’s distant cousin, the crab, without hesitation.

Just looking photos of spiders can make people anxious. Seeing the joints of the legs on the abdomen makes my stomach clenched in an interesting way that I really can’t explain. If there is no way that someone is in immediate danger, what causes this reaction? If you have a larger ant placed next to a similarly-sized black spider they look almost identical. The main difference is the number of legs. What is it about the extra joint in the legs that is so unsettling? Why spiders?

Everywhere I seem to look, there are more creepy crawlies to avoid. Lack of shoes, advanced medicine and more creepy crawlies to deal with equals more danger. So our repulsion is a biological remnant from times past.

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**Vikings volleyball puts up two wins**

Tina Schrage
Staff Writer

Lawrence’s head coach. Each 25-15, 26-24. This win was night against Monmouth College, their home court. Two stupendous games against the Midwest Conference, played two wins against Monmouth team has started October off with money for the last couple of weeks, "Lamb will have trouble in duplicating his feat this season. Lloyd by the name of Harris Lamb. Lamb was the goal in the last seconds of the game. Monmouth Coe slipped the winning touchdown across the peak, Lawrence could learn from its relationship cold. No one opponent seems more hated than any Rivalries are a fundamental part of sports, in particular college athletics. Bitter rivalries serve to whip up tension in players, spectators, and coaches alike. Nothing feels better than a decisive victory over a traditional foe, and nothing stings more than defeat at the hands of an old enemy. Today, Lawrence’s rivalries have grown somewhat cold. No one opponent seems more hated than another. In a time when sports at Lawrence are on a peak, Lawrence could learn from its relationship with Coe College in 1926.

**Lawrence Out To Secure Revenge and Win Their First Midwest Conference Game**

Catlin ’s Blue warriors will enter the race for the Midwest crown tomorrow when they tackle the strong Coe college Kohawks at Cedar Rapids, Iowa. The men left this morning for the Iowa field where the game will be played.

Students who witnessed the game last year when the Coes spoiled the dedication of Whiting field will remember a certain emulater of Harold Lloyd by the name of Harris Lamb. Lamb was the man who raced the length of the field with the ball under his arms to score the only touchdown of the game and to spell Lawrence’s defeat. The Bluenoms have not forgotten that particular instance and Mr. Lamb will have trouble in duplicating his feat this time.

Indications point to a game that will make history in the Midwest conference. Coe has started on her march to the championship with a victory over Monmouth college last week by a 7-3 score. Coe slipped the winning touchdown across the goal in the last seconds of the game. Monmouth had the game earned through hard fighting, but the break was against them. Lawrence has only three Midwest games to play this year, and must win every one to claim the title. Coe has her old men back and so has Lawrence, and Saturday will see several old rivals facing each other in the lineups.

Coach Catlin has again given the varsity some new formations that have fooled the frosh in scrimmages consistantly and often. Monday saw no let lineups. Bloomer is still optimistic over his broken rib and refuses to acknowledge the fact to the coaches. His work in the Offishl game carried him to be a valuable man to the Catlin machine. Hipke has been shifted to his old place at center and is liking it. Bayer is holding down one end in company with Jessup while Harry Hilton and Arne Hillman, both sophomores, are at the other end. Weinkauf has also been sent to his former position at guard, with Steensland at the other. Capt’ Connell and Ott are fixtures at tackle.

Two back fields wait the call of the coach in the Coe game while several reserve linemen are in readiness to fill the gaps in the varsity if needed. Hipke looks like the best man to fill back the gap while Schlangenau, Heideman and Dreher will be the reserve halves.

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**Gene Davis Invitational**

Josh Janusiak and Joe Kortenhof paced the Vikings on Oct. 8.

Photo by Victor Nguyen

Arianna Cohen
Staff Writer

This past weekend was full of Viking pride. The Football team was away at Macalaster, the Volleyball team had a pair of home games Friday and Saturday verses Knox and Monmouth, the Women’s Tennis team took on Ripon, the Men’s Soccer team shut out Maranatha Baptist, and the Cross Country team ran at the Gene Davis Invitational at the Reid Golf Course on Saturday morning.

The Lawrence Men’s and Women’s team were amped all week for their home meet. This excitement truly was evident when the men’s team placed fourth in the team standings with 190 points. The Wisconsin Track Club finished first with 35 digs.

No one was more ready for this meet than sophomore athlete Joshua Janusiak. Janusiak has been named Lawrence’s “Viking of The Week” this past week for their home meet. This Cross Country team around campus, make sure you wish them good luck!
Today I had the pleasure to talk to Lindsay Holsen. Lindsay, a junior, is going into the Midwest Conference Championships with an impressive regular season under her belt. In the season Lindsay went 10-7 in singles and 8-6 with Katie Frankel in doubles. The Tennis team as a whole against conference opponents went 32-22 in singles and 10-7 in singles and 8-6 with Katie Frankel in doubles. The Tennis team had some close wins and losses. There is a lot of talent on the team. However, we still play indoors thanks to the one and only Fox Cities weather.

At the Midwest Conference Championships, Lindsay's mindset was set from Cornell senior Shashanna nis, but they were better than us. Unfortunately, the match did not "fall to play the conference tournament this spring."

Shane Farrell: You just competed against Ripon College, how do you feel you played?

Lindsay Holsen: It was solid tennis. "We still play indoors thanks to the one and only Fox Cities Racket Club, but we will also be working with the strong coach. Most importantly, though Winter Term we definitely some "sitting in and work on the throwing motion with some snowball fights. On the other hand, we are looking forward to playing tennis in Florida over spring break! Therefore, we have a bright future of tennis training to look forward to the rest of the year!"

SF: What will you miss most once the season is over?

LH: The season always goes way too fast! It is strange readjusting to not eating Qdoba every weekend. However, we still play until we can't feel our fingers so the season will be over, but not really over until it just gets too darn cold, and then we will still force the seniors to play with us all the way into the spring—especially under the lights at night.

Women's tennis misses conference tournament

Molly Doruska
Staff Writer

The Lawrence University Women's Tennis team crouched on their home schedule this past Saturday with a doubles header. Heading into the day, the team was sitting fourth in the conference, right at their season goal. However, they were faced with a challenge to hold onto the fourth place standing as their opponents for the day, the Cornell College Rams and the Grinnell College Pioneers are the top two teams in the conference.

Up first was Cornell (8-2, 6-1). The Lady Vikes were well-prepared for the match against the Rams, knowing that they were strong competition, but if they played great tennis they could sneak out a close victory. Unfortunately, the match did not go Lawrence's way as the team was swept 9-0. Junior Lindsay Holsen won the Lady Vikes' only set of the competition in the No. 2 singles match. She took the first set from Cornell senior Shashanna Moll 6-3. "We all played good tennis, but they were better than us. I'm proud of how I played!" said senior Elena Lambert.

The Lady Vikes' day continued against Grinnell (7-1, 7-0), who is currently ranked first in the Midwest Conference. "We knew going into Grinnell that it would be our toughest match of the season. We knew that having fun and playing our games would help us the most" explained Lambert. The Lady Vikes lost 8-1. Sophomore El Gibohrsh provided the only victory for the team in the No. 6 singles match against Grinnell sophomore Eden Gregory. Gibohrsh won the first set 6-2, but Gregory took the second 6-4. Gibohrsh went on to win the tiebreaker 10-6—giving her the 6-2, 6-4, 1-0 (10-6) victory.

With the two losses on Saturday, the Lady Vikes' day continued against Grinnell (7-1, 7-0), who is currently ranked first in the Midwest Conference. "We were hoping to make the top four and unfortunately, we did not. We placed fifth in conference" said Lambert about the Lady Vikes' ending conference standing. However, the season is not quite over for the Women's Tennis team. They all will be heading to Madison to play in the individual conference tournament this upcoming weekend, Oct. 15 and 16.

The program is also heading in the right direction. Reflecting on the season, Lambert says, "We have done well this season. We have had some close wins and losses. There is a lot of talent on the team and it is fun for me to graduate knowing that there is a lot of potential for next year. The team is looking to play strong tennis and have fun this weekend. They hope to build off of the successes of the past season for the upcoming years continually looking to be one of the top teams in the conference. The team will lose three seniors to graduation, including Katie Frankel, who was named Midwest Conference performer of the week this season so in order for the success of the team to continue returning players will have to fill some big shoes next year. That being said, it is a challenge they are ready to take on.

Standings

Women's Tennis

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How to Make the Most out of Fall

Some quintessential fall activities you can get pumped about this season.

1. Turkey drawings to show that fall is here.
2. Putting up some fall-themed decorations, especially the hand turkey drawings to show that fall is here.
3. Watching Mean Girls. Wrap yourself up in a blanket. It'll be a legitimate time to dress up question on this, Clinton carefully tread
4. Food that’s been canned like pickles and apples. Pumpkin and apple pie. Turkey stuffing, cranberry. The last of the farmer’s market foods.
5. Cinnamon flavored foods.
7. Food that’s been canned like pickles and apples. Pumpkin and apple pie. Turkey stuffing, cranberry. The last of the farmer’s market foods.
8. Cinnamon flavored foods.
10. Happy fall y'all.

The colors orange, yellow, and brown seem to be appearing throughout communities, not only with the leaves, but with posters and decorations celebrating that fall is here. To help contribute to the spirit of the this year’s holiday season, you can get pumped about this season. Some quintessential fall activities you cannot miss include visiting apple orchards and pumpkin patches, battling your way through a corn maze, getting scared at a haunted house because that’s what October is—being scared all of the time. Go support your Vikings at a football game with some friends. Put up some fall-themed decorations, especially the hand turkey drawings to show that fall is here.

How to Make the Most out of Fall

Sarah Wells
For The Lawrentian

The colors orange, yellow, and brown seem to be appearing throughout communities, not only with the leaves, but with posters and decorations celebrating that fall is here. To help contribute to the spirit of the this year’s holiday season, you can get pumped about this season. Some quintessential fall activities you cannot miss include visiting apple orchards and pumpkin patches, battling your way through a corn maze, getting scared at a haunted house because that’s what October is—being scared all of the time. Go support your Vikings at a football game with some friends. Put up some fall-themed decorations, especially the hand turkey drawings to show that fall is here.

How to Make the Most out of Fall

Sarah Wells
For The Lawrentian

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FEATURES
THE LAWRENTIAN

National think tank starts up new chapter at LU

This year, Lawrence welcomed a new student organization, Roosevelt at Lawrence University, a newly formed chapter of the national network of policy think tanks with the same name, Roosevelt Institute. With the mission to help students create, change, research and write about public policy, and to give them training and resources to effect social change, the Roosevelt Institute focuses on six policy areas: education, defense and diplomacy, energy and the environment, economic development, equal justice and health care. There are more than 120 chapters at schools across the country.

Senior and one of Roosevelt’s founders, AJ Williams, heard about the Roosevelt Institute through the Young People for Social Justice Fellowship from fellow students at other colleges. Her friends from New York University talked about how students at other colleges. Eva Tourangeau to help organize and lead the chapter.

Eva Tourangeau to help organize and lead the chapter. The chapter is open to all different identities and perspectives on the issues, or social advocacy so as to represent the issues themselves. The core goal for Roosevelt at Lawrence is having more of a plan for addressing issues rather than just talking about them. The chapter is open to anyone passionate about being part of grassroots change this is the place to be. It is a direct root into so many amazing opportunities and planning for your future career.”

For those who do not know what public policy is but want to get involved, Williams advised. “If you are planning to raise your social consciousness do your reading first, know what is happening and know what to be angry about. This is a safe space, one of learning and one of action. I think going into it blind might be a little difficult but at the same time anyone who is passionate about being part of grassroots change this is the place to be. It is a direct root into so many amazing opportunities and planning for your future career.”

Spiders continued from page 3

The real enemy is the mosquito! Those little jerks are everywhere! They carry disease and they bite all the time. That’s, like, their thing. Do you know what spiders do? They eat mosquitoes. Just food for thought.

“Waiting For the End” continued from page 3

body is brought in. He should get better soon. Then they’re gone and Nathan feels like he ran a mile.

They’re in their third week, food supplies dwindling, but Nathan doesn’t care. He asks Liam what he wants to drink. Liam doesn’t respond. Nathan tries not to freak out. He approaches the living room-turned-bedroom slowly. Something is wrong, he thinks as he looks at Li’s sleeping body. What—? Then he realizes—the blanket, it’s not moving! “Li, no. Liam, please.” Nate pleads with the other students to be healthy and to leverage our voices in the student body and administration to really push forward. If you have something to say or want to make a difference, Roosevelt at Lawrence University is the place to go.

If you don’t have any background on public policy making do not be intimidated to join the chapter,” said Tourangeau, who is a math major and does not have any background in public policy making herself. The chapter also teaches students how our government system works just beyond our college campus and how we can really leverage our voices in the student body and administration to really push forward. If you have something to say or want to make a difference, Roosevelt at Lawrence University is the place to go.

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I am used to musical experiences where two things happen at once in music—feeling and happening—in one step, especially with improvisatory-based music, which, I mentioned in my past column about ImprovisationLA, is meant to be in the moment. When I see a concert, I usually derive the most meaning and feel the strongest connection to it during the first time through, which is sometimes the only time if there is no recording. As I listen to a specific recording, these often will lessen and weaken over time, however slightly. It is no fault of the music—it is mostly due to the way emotions about it being so tightly bound to the moment it occurred. But this concert was different: I found my appreciation and love for it grow with each listen. I do not know if it will keep an increasing, or increase and plateau, or any other possibility; I just cannot say without a doubt that there are few, if any, performances that will leave a similar impression. It is hard to identify why this is the case, but I am sure I had not enjoyed the previous concert. I had watched the webcast once, and then again after it started slightly sinking in, and continued by spending the next two weeks from the film’s start; I will watch all of the scenes depicting relationships both before and in between their stints with each other. At times, it seems as though they share a mind; they appear to speak a separate language from the rest of the world as Annie’s irrationality. But in the end of the relationship, it is as though they share thoughts. There is an undeniably palpable chemistry between the two, and it is shown through every moment they share together on screen, both the good and the bad. Perhaps that is why it is so sad to watch them split up, to watch all of the scenes of their relationship flash by in an instant during the final moments of the film. As we follow them throughout the film, we see the imperfections and the awkward moments, and we are irritated at Alvy’s high-strung nature and Annie’s irrationality. But in the end, the mounting breakup is all too easy to see every one of those details as enduring and to say that they only served to make the relationship more unique. As Alvy says in his last monologue, relationships are “totally irrational, and crazy, and absurd” but for some strange reason, love and need them anyway.
**“Inside” Native American Tradition**

Elijah Kahaupt

**On Monday, Oct. 10, James E. Cunningham, Ph.D. gave a talk on pop music and Native American tradition in Native American culture. While their tumultuous live performances with grace. The way they maintained the piece’s rapid changes in time kept everyone on their toes.

Cunningham then began to talk about the history of the powwow and its relation to Native American culture. While their tumultuous live performances with grace. The way they maintained the piece’s rapid changes in time kept everyone on their toes.

The lecture on Monday night began with the Dean of the Conservatory of Music Brian Ferttortt announced. Cunningham, as his old classmate in graduate school at the University of Washington, when he was a student of ethnomusicology. Cunningham then made his way up to the stage and began his talk with several opening questions, the first being “What is tradition?” He then brought up several points, ending by saying that he believed a good working definition of tradition was “the notion of the community developed forward into the present tradition.” According to Cunningham, the “Anthromancer” is dynamic and not forever unchanged like many other pop songs. Cunningham began his talk with a set of jigs and dance connected one on one and bring the pieces together.

To conclude the show, all three of the performers reunited to play Stravinsky’s trio arrangement of “L’Histoire du soldat,” originally a piece for a mid-sized mixed ensemble. Shifrin announced from the stage that Stravinsky worked on this piece in Paris and premiered it in Switzerland. The work is often performed with a conductor, but for this evening, a conductor was not present, allowing the group to connect in a way that did not interfere with the music. Cunningham then began his talk with a set of jigs and dance connected one on one and bring the pieces together.

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Shamu-less SeaWorld

Emma Fredrickson
For The Lawrentian

Even since I was a little girl, orcas have been my favorite ani-
mal. I’ve attended SeaWorld park num-
ers and the works about orcas. One of the greatest days of my
life was when I got to pet an orca at a marine life theme park in
California. I remember being amazed by the size, grace and
beauty of this awe-inspiring animal. Later on, I learned that SeaWorld’s target customer:
young, in love with orcas and willing to give up their
parents included) to see them
up close. However, in 2013, my world
was swirled away by the news
brought to an end. I watched
“Blackfish,” the eye-opening, deep-dive documen-
tary on the mistreatment of orca
capacity, and specifically, at
SeaWorld. If you haven’t seen this
movie, and if you care about ani-
mal’s even a little bit, I highly rec-
ommend that you do. It’s worth
all 83 minutes. Do it.

I digress. This movie changed the way that thousands of, if not mil-
lions, of people look at the orca
exhibits at SeaWorld’s various locations. Bloomberg Business
Week reported that SeaWorld suffered a 20% loss in profits the
following year. Attendance dipped. Partners and investors back-
ward and even self-admittedly
was in deep s***, but they fought
backed away slowly…SeaWorld
dipped. Partners and investors
the following year. Attendance
suffered a $15.9 million loss in
Week
locations.

As Lawrence students, we need to remember that we are people—not machines that can run forever
and recharge only ever so often. Students should make a conscious effort to know their limits and take
time for self-care. It is important to understand that it is okay not to be, to have a blank schedule
once in awhile and not to feel guilty about it. Students are making headway with its new initiatives, their efforts also need to focus on battling this culture directly by facilitating
honest conversations about this harmful culture of overwork. A combined effort from both students and
the Wellness Committee would be necessary to make these changes happen.

Letters to the Editor can be sent to in Opinions & Editorial Editor, Jonathan Rubin at jonathan.rubin@lawrence.edu. We review all letters and consider them for publication. The Lawrentian staff reserves the
right to edit for clarity, decency, style and space. All letters should be submitted on the Monday before publi-
cation, and should not be more than 350 words.

The U.S. won’t win the Nobel for Peace again

Henry Dykal
Staff Writer

At the time of this printing, the Nobel Prize for Literature
was in deep s***, but they fought
backed away slowly…SeaWorld
dipped. Partners and investors
the following year. Attendance
suffered a $15.9 million loss in
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locations.

This August, Lawrence University received the 2016 Healthy Campus Award from the nonprofit
Active Minds in recognition of recent efforts to increase awareness about campus mental and physical
health. While this award and these efforts should be celebrated, it is worth noting that this award does
not reflect the effectiveness of such measures or Lawrentians’ current state of physical and mental well-
being.

Lawrence students might not be as healthy as they could be. This unhealthiness is due to an on-
campus culture defined by overwork and overcommitment, which is a larger underlying issue that stu-
dents and the administration need to tackle directly.

It is a quintessential aspect of being a Lawrentian to compete with our peers on how busy we are,
how little we sleep at night and whether or not our schedule is planned down to the minute. Many
Lawrentians are making headway with new initiatives, but considering the costs of doing so. According to
WebMD, sleep deprivation increases stress, lessons one’s ability to concentrate and can even increase
the possibility of death due to various illnesses. In other cases, many students resort to abusing drugs
and alcohol to a severe extent on weekends to cope with accumulated stress of the week. While party-
ning hard may actually be a stress-reliever for some, for other students this method of coping is not only
ineffective but dangerous.

As Lawrence students, we need to remember that we are people—not machines that can run forever
and recharge only every so often. Students should make a conscious effort to know their limits and take
time for self-care. It is important to understand that it is okay not to be, to have a blank schedule
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More than anything, they want the writers to be in control of their own writing, to have the final
word, and that’s sad we just don’t see that happening next time.

Not many Americans have fervent international followings like Saul Bellow or Gabriel Garcia Marquez,
but to mention a previous winner, and the U.S.’s disgraceful lack of trans-
nationalism, that’s what is most
insane and weaker as a result.

The youngest winner on that list
just put out is pushing seventy, and I
can’t see a single person younger
than that having a chance of win-
n ing since David Foster Wallace’s
death.

All is not lost, however. Young
American winners that include
Shara Shun-lin Byunum, ZZ
Packer—if she ever writes any-
thing again—Teila Cole and Will
Chandlerell have a solid chance of
being a winner in the years to
come and potential future laure-
ates.

But the fact of the matter is
America, one of the most diverse
countries in the western world, has
made its literature insular from the
global conversation. We can do
better. In the meantime, we can
only hope the Swedish Academy
decides to give it to someone who
isn’t an European male. Sweden has
indeed been doing a better job at
development, and certainly
we can stand to have some new blood.

Meditations
continued from page 8

more music of all kinds.

My point is that sometimes
taking that effort and intent for
music to click. There are so many
variables involved, and sometimes
you just have to hit it through your
ears hoping for an answer—
and you may never always get a clear
one - but one should at least try.
I have talked to so many people
who believe in music, who have
loved it for their whole lives and
who have just started playing it is
the one that really connects to them.
They sometimes have trouble connect-
ing in the moment, which is
stomaching it. The music itself
is free, improvisational music I have
been immersed in for most of my
life. It is the other way around for
me. I have tried connecting to
choir music many times before
and after, and several years,
I feel like I am just starting to get
file; Delillo is someone who I’m
actually surprised hasn’t gotten
it, but that could also be because
he doesn’t work for the Nobel
prize, and he doesn’t match his
to his late triumphs.

There are a number of writing
prizes where who would be quali-
ﬁed to win today besides the big
three listed above. Stephen Dixon,
Rogerio Coelho, Joseph McEwen,
John Ashbery; Martylune Robinson,
Samuel Delange, Gene Wolfe, John
Crowley, Ursula Le Guin and James
Ellroy would all be worthy winners,
but the Nobel is a tricky beast: they
want their winners to be philoso-
pher and activist, writer of both
brief profundities and treatises on
humanity.

More than anything, they want
the writers to be in control of their own writing, to have the final
word, and that’s sad we just don’t see that happening next time.

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decides to give it to someone who
isn’t an European male. Sweden has
indeed been doing a better job at
development, and certainly
we can stand to have some new blood.

I am proud to go to a school
that hosts music of all sorts and is
still continuing to diversify. This
culture is not something towards a certain style or
tone given the right attitude and
motivation. It can be worth it, or
right not stick. That is fine. So
much can be learned from just the
journey of listening.

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Misogyny, Not Locker Room Talk
Cassie Gitkin | Staff Writer

The internet was ablaze this week with leaked audio from 2005 in which Donald Trump and Billy Bush objectively and gracelessly discussed women. In the tape, Trump brags about using his celebrity as leverage to sexually assault women. Trump and his supporters were quick to defend him as no more than “locker room” talk, just guys being guys.

Former New York Lieutenant Governor Betsy McCaughey further justified Trump’s disgusting rhetoric by comparing his conversation to Beyoncé lyrics. On CNN, McCaughey claimed Hillary Clinton was being a hypocrite for listening to Beyoncé’s “Formation,” which contains inappropriate language. What Betsy McCaughey, Donald Trump and so many others are failing to understand is that the actual swear words were not what outraged the nation. When Donald Trump brags that he can “grab [women] by the p****,” the outrage is not centered on the level word. Sure, it is unprofessional for a president candidate to be caught using swear words. It does not make him look any more intelligent. But the issue actually comes with the word “grab” Had Trump boasted that he can “grab them by the genitals,” Americans would still be outraged.

The excerpt that McCaughey quoted from Beyoncé’s “Formation” on CNN goes: “I came to say it, b****. When he f**** me good I take his a** to Red Lobster.” In her article “The Long Legacy of Occupation in Haiti,” author Edwidge Danticat recounts in an article in Legacy of Occupation in Haiti, “When Matthew happened I may have lost someone close to me. When Matthew happened I started panicking. I called my parents to see if I could go back home. My family was lucky they were in Miami. When Matthew destroyed the coastline of the country. Ninety percent of the country was destroyed and many people are still there today. When Matthew happened I started panicking. I called my parents to see if I could go back home. My family was lucky they were in Miami. When Matthew destroyed the coastline of the country. Ninety percent of the country was destroyed and many people are still there today. When Matthew happened I started panicking. I called my parents to see if I could go back home. My family was lucky they were in Miami. When Matthew destroyed the coastline of the country. Ninety percent of the country was destroyed and many people are still there today. When Matthew happened I started panicking. I called my parents to see if I could go back home. My family was lucky they were in Miami. When Matthew destroyed the coastline of the country. Ninety percent of the country was destroyed and many people are still there today. When Matthew happened I started panicking. I called my parents to see if I could go back home. My family was lucky they were in Miami. When Matthew destroyed the coastline of the country. Ninety percent of the country was destroyed and many people are still there today. When Matthew happened I started panicking. I called my parents to see if I could go back home. My family was lucky they were in Miami. When Matthew destroyed the coastline of the country. Ninety percent of the country was destroyed and many people are still there today. When Matthew happened I started panicking. I called my parents to see if I could go back home. My family was lucky they were in Miami. When Matthew destroyed the coastline of the country. Ninety percent of the country was destroyed and many people are still there today. When Matthew happened I started panicking. I called my parents to see if I could go back home. My family was lucky they were in Miami. When Matthew destroyed the coastline of the country. Ninety percent of the country was destroyed and many people are still there today. When Matthew happened I started panicking. I called my parents to see if I could go back home. My family was lucky they were in Miami. When Matthew destroyed the coastline of the country. Ninety percent of the country was destroyed and many people are still there today. When Matthew happened I started panicking. I called my parents to see if I could go back home. My family was lucky they were in Miami. When Matthew destroyed the coastline of the country. Ninety percent of the country was destroyed and many people are still there today. When Matthew happened I started panicking. I called my parents to see if I could go back home. My family was lucky they were in Miami. When Matthew destroyed the coastline of the country. Ninety percent of the country was destroyed and many people are still there today. When Matthew happened I started panicking. I called my parents to see if I could go back home. My family was lucky they were in Miami. When Matthew destroyed the coastline of the country. Ninety percent of the country was destroyed and many people are still there today. When Matthew happened I started panicking. I called my parents to see if I could go back home. My family was lucky they were in Miami. When Matthew destroyed the coastline of the country. Ninety percent of the country was destroyed and many people are still there today.
PHOTO POLL

What kept you up last night?

“Boom cup, 21st birthday celebrations and the pursuit of perfection.”
— Sam Wenn

“Fun with my friends.”
— Makhiya Prothro

“Perkins food.”
— Cole Foster

“Hung out with friends and went to a few parties.”
— Elsa Cantoni

“Playing pool with my friends.”
— Nikki Payne

“Watched and did some Stranger Things.”
— Ryan Hanna

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