Dining Out With Matt

by Matthew Brockmeier

One evening last week, after an early retirement from the workaday world, we received a call from the editors of this publication, informing us that as a reward for our fine article concerning the Sig Ep house we were to be treated to a meal free of charge. We gladly accepted, only to be slightly dismayed at finding out the terms of the Lawrencean's generosity. Our free meal was to consist of eating at Downer and at Colman during the same evening, eating the same meal, to be followed by an offering to you, the readers, of our humble opinion concerning campus cookery.

We chose Tuesday night as our evening on the town, and began with dinner at the Downer establishment, where we were greeted by several rowdies and dried egg on our fork. After exchanging pleasantries with the dishwashers (not in their presence, to be sure) we continued down the cafeteria-style line. The first item chosen was a salad, which had at one time consisted of green lettuce, but which had now acquired a distinctive brown color. We then ordered a "steak," a small piece of meat in the classic shape of the American hamburger. To complement the steak, escalloped potatoes and "Corn O' Brian" were added to our plate. For dessert the most promising (and only) choice appeared to be pumpkin pie, topped with whipped cream. Coca-Cola with lemon slices was chosen as the beverage.

We then entered the enormous dining room (with the less than distinctive name of "A"), and noted the absence of tablecloths, a definite negative point in our consideration. Ignoring the less than elegant surroundings, we began to sample our meal. The semi-cold escalloped potatoes could have done with a bit more color and much more flavor; other than that they were exquisite. Feeling that improvements could be found in other delicacies, we turned to our corn. It was more colorful than the potatoes, but still altogether had. Deciding at last to grapple with the steak, we began to carve it, and found it to be tender and well-mannered. Tasting it, we decided that it was good meat, but by no means the pride of any kitchen, it might have been good had it not been intended for human consumption. It was tough, overdone, and had very little flavor. Downer was definitely better in this area.

After being disappointed by this last item, we tried our potatoes. These were a definite improvement over Downer's, having both a richer color and flavor. The corn matched Downer's but was not as warm.

The dessert, which had come freshly from a whole pie, was more flavorful than Downer's and was much lighter, almost too light.

After our tea, and the decision that Downer had definitely been better to us tonight, we retired to our abode in hopes of receiving another offer of a free evening out.
Working at Downer

Working at Downer can bring a person many revelations concerning both human nature and the art of patience. Perhaps I mention these things is futile, since, as someone told me, Donner is the only outlet Lawrence students have. However, I hope that hearing it told from the "other side of the counter" may hit some people. This editorial, therefore, appeals to a minority of students, but that minority can make our job a lot harder to do, and cheerfully.

The problems stem from two sources which I suspect may be one in the same: the thoroughly obnoxious, crude indi- viduals and-or groups who bitch their way through line and those marathon eaters who "creative" multilate their food, try's silverware, and everything else within reach.

It is fairly common to be sworn at for refusing to hand out two chopped sirloins, to be given one of those looks that could leave you breathing. Also please keep in mind that our jobs are to spend this time piling up food and dishes, bending silverware, and blending ice cream and veal parmesan. We have to look at it for a couple of hours. And regarding the trays, picking cigarette butts out of juice glasses, removing napkins and tea bags from glasses and cups is not a lot of fun. This "creativity" usually comes into the dish return room at the end of the meals from the people who have been there since the doors opened. They spend this time piling up food and dishes, bending silverware, and blending ice cream and veal parmesan. A fitting punishment for these people would be to spend a day at Downer. Even a hard core "tray artist" has been known to separate his silverware, paper, and dishes after he has been forced to do so. But at least if you don't want to work, please think about how you'd feel if you were working.

Hotel Times

Dr. Frances John LaFollette will lecture on "The Role of Women in Antiquity," Wednesday, May 16 at 4 p.m. in Savage Lecture Hall instead of at 8 p.m. as had been previously announced.

Juice Glasses

To the Editor:

My problem isn't cold food, long lines, or bad news—my problem is juice glasses. There's always one. Some people are ex- posed with height, some with intelligence, and some with near beaverability. My juice—however unique, however more, will not—however derived—fit into a juice glass. Am I then, to be deprived of juice because of this small physical abnormality? I suggest, in humility (and seriousness) that I and all fellow travelers, worthy people, be allowed a milk glass, or at the very least no more of "strange juice". Then my juice may be big—but it won't be treated—nortinerated with orange juice.

—C.N.

I Am Fed Up

To the Editor:

I am fed up with whining teachers. "There aren't enough women doctors!" "There aren't enough women lawyers!" "There aren't enough women on the Lawrence faculty!" Where is there a great pool of qualified women never to be hired by Lawrence or of qualifications, for that I should need an appendix, would you ever need an appendix? Or would you take the chance on a female surgeon or not she happened to be the most skilled? Discrimination makes for more men nor is it more com- mendable than discrimination against.

I think in a few years of those "movement" who get all hung up on irrelevant details —must that it is "Ms. and "chairperson". If one knows who she is and if she will answer when others look in her direction and speak, what is so important about the title she is given? "A rose by any other name..." and all that. And, just incidentally, my older sister, a woman — and she's one of the best on the Appleton Common Council. Why not let the good English language alone? It's doing all right.

If I have given you the idea that I am a "joys-of-the-clean-house" person, then you have been mislead. Let me say, once more, that I am fed up with whining teachers. Then, return the glasses to a appropriate, and include them with a letter sent to the Lawrentian office or to sta- they are available in the Dean's Office, and the common Program are available in the Dean's Office from Mrs. Kasten.

Juice Glasses

To the Editor:

I am a "joys-of-the-clean-house" person, and I like to have the glasses returned to the juice glass well until they are available in the Dean's Office, and the common Program are available in the Dean's Office from Mrs. Kasten.

Letters to the Editor

Letters may be submitted to the Lawrentian office or to sta- s is obvious by their friendly, som etim es m aternal, would not go as sm oothly as they do.

The problem is juice glasses , and to hear the food centers deserve a word of praise. They not only have to take orders from above, but som etim es from the students, and blend ice cream and veal parmesan.

Letters submitted late or in incorrect form may not appear in the issue. Letters submitted late may be in incorrect form may not appear in the issue of the following Friday. The Lawrentian reserves the right to make minor editorial changes or shorten letters without changing meaning.
The Teakwood Room

by Donald Pink

In a remote corner of Downer food center, far from the cacophony of life in which most Lawrence students get their daily portions of food, is a room filled with wooden paneling, delicate antiques and exquisite wallpaper. There is a room filled with the memories of students who once called it home. And in those memories, there is a room filled with the Teakwood Room.

The Teakwood Room had been a traditionally important part of college life at Milwaukee-Downer. Unfortunately, this room was forgotten, since the room has been part of Lawrence.

From the cover of the new Adelphi At The Wheel album I expected a traditional style of perhaps the Fifties Burrito Bros. or Commander Cody. This album is strikingly different from the albums of the aforementioned two bands; however, it actually sounds authentic. Adelphi At The Wheel attempts and, I think, succeeds in continuing the Hank Williams tradition of country music. The material is excellent throughout, so much so, that country music purists would be virtuoso in distinguishing from the band's material. The musicianship also excels from the tunes grand and flowing lines of Ray Benson to the truly lyrical steel guitar riffs of Richard Gene Ovalle whose melody Donna Rosnay is not worthy to lose. If you enjoy the music of the Eddy Arnold and Donna Fargo type of country music, buy this album.

By Harold Jordon

Something happened at Stansbury Theatre on Wednesday night at 8 o'clock in the center section, row G seat 203. I got bored. I am very ashamed to admit that because I really don't understand exactly why I felt boredom creeping over me. At one time or another I enjoyed something that each actor did, but still something was wrong. After mulling the situation over for a while, the answer finally hit me. It is possible for the whole to be less than the sum of its parts. Marat-Sade is an extremely complicated play, and anyone can admire the courage of an individual who will even take on such a task. But courage will hardly last you through casting. What is needed then is someone with a direct line to a muse. For Marat-Sade needs what may be the hardest thing to come by in theatre, calculated spontaneity and life. I have to give Mr. Kesdekian a hand for his effort to lose. Many of the actors rose above the rather hackster production and some were casualties of it. Those that survived and flourished did so in grand style. Paul Nelson's Jacques Neveu is probably the hit of the production. His fortitude and control should be an example for some of the others in the play. Another standout is Bonnie Morris as Charlotte Corday. Her con­ tinuity in a very difficult role is to be appreciated. Although I told myself at the time of the performance to remember how good their performances were, I could not remember very few particulars about the two men playing the title roles. What I do remember is part of extraneous, but that won't stop me from retelling it to you. I remember the stripping scene before the whipping scene and was delighted to note that Paul Boopie did not miss this op­portunity to "tease" a bit. The thing that most struck me in the music was the crystalline perfection of Tom Ehlenger as Jean Paul Marat. He probably could have done even a more effective portrayal had he been somewhat bigger, but then the female members of the cast are probably quite unhappily to have gotten all their lines. Thishardt has a good grasp of the character of the production, I know that Lawrence is in no place to send the daughters of America, but why does that theatre have to reflect this? This is the most sedate and serious approach to a subject that is humorous and absurd that I have ever seen. The Lawrence University Production of Marat-Sade was basically wholesome. Morop-Kesdekian on that count is ashamed of you. The play is overflowing with words, many of them rich, sensitive, suggestive and meaningful; some of them are just plain smart. I am ashamed when a legitimate chance to be dirty is passed up.

Mr. Kesdekian a hand for his

The Watergate Film Topic

"Pioneers of Modern Painting," the film series presently being offered under the auspices of the Art Center, will discuss and examine the work of artist Paul Cezanne in the second segment of the six-part series.

The film will be presented in Stansbury Theatre on Tuesday, May 9, at 4 p.m. and at 8 p.m., and on Wednesday, May 10, at 7:30 p.m.

Five of the paintings discussed in the film have been selected for the National Gallery of Art. Lord Kenneth Clark, creator of the film, frankly admits I've been writing this in a hurry and talking about him for over 40 years, and it's hard to think of anything I've never said about him to say what I feel, or putting into words the very real essence of his greatness."

Nevertheless, it is in this film that Clark manages to take the viewer in a fascinating tour through the life and works of this great painter.

This Antique Vase is from the Teakwood Room.
HERS Workshop
Set for Saturday

(LUN)—A workshop to explore
various aspects of equal rights in
employment, marriage, and
institutional decision making
policy will be held Saturday, May
12, as part of the Human Equal
Rights Seminar (HERS).

Beginning with a coffee at 9:30
a.m., the public is invited to
attend a series of three sessions,
all of which will be held in
Riverview.

The first session, at 9:45 a.m.,
will deal with "Barriers to Equal
Opportunity in Employment.

Instructor for the program
are Assistant Professor of
Economics Morton Schwartz and
Professor of History William
Bremer. Guest speaker for the
session will be Joyce Griffin,
associate professor in the project
for academic planning (nursing
program) at Sangamon State
University, Springfield, Ill.

Prof. Griffin has a B.S. in
psychology, a masters in nursing
and a Ph.D. in educational
technology. She did minority
recruiting for the university, and
taught Afro-American and sensitivity
courses with special emphasis on the
strategy of community in-
volvement. She is especially
interested in the question of
"double jeopardy" which black
women encounter in em-
ployment and public life.

The "Changing Roles in
Marriage" session (SUN) is the
topic of session two at 11:30 a.m.
Guest speakers include Mrs.
Dana Grossman Kahn and Dr.
Estella Lauter, assistant professor
of History at the University of
Wisconsin, Green Bay. She has a Ph.D. from the
University of Rochester, Rochester N.Y., in English.

Mrs. Kahn is a member of the
Orbella College Psychology
Services center where she ad-
mimizes group and individual
therapy and counseling for
college students. She has been
active in the areas of teaching,
child guidance, career work
with handicapped and
emotionally disturbed children
and works in the Orbell Post
start program. Mrs. Kahn
curiously has a private practice
related to psychological
problems of children and she is
especially interested in the new
possibilities of life planning as it
relates to marriage and the
family.

The third and last session of the
workshop will follow a luncheon
to be held in the Bird Room of
the Downer Center, at 1:45 p.m.
Anne Schute, assistant professor of
history, and Thomas Headrick,
vice president for academic
affairs, will be joined by guest
speaker, Harriet Sheridan,
professor of both English and
education at Carleton College.
They will discuss "Affirmative
Action and Decision Making.

Prof. Sheridan chairs the
English department at Carleton.
She was Carleton's represen-
tative at the last meeting of the
American Council of Education
and recently appeared on a panel
at the National Council of
Teachers of English on "The
Women Professional in English." As
chair of the Carleton faculty,
she has acted as spokeswoman
for the faculty in affirmative
action consultations with the
administration. She has been
instrumental in the planning of a
child care center at Carleton
which will benefit both faculty
and student parents when
established.

H. E. R. S. content entries are due by 9:00 a.m., Saturday, in the
Lawrentian office. The contest, as you will remember, con-
sists of getting in 25 words or less whether the person in cap
and gown above is a man or a woman and why you think so.
Show your 25 words through the mail slot in the Lawrentian
door. Winners will get their just desserts at the luncheon
tomorrow.

It's All Right": A Review

by Vera Wigginsworth

The standing ovation, the
urgent applause, the smiles and
tears that greeted the con-
cclusion of the "It's All Right to Be
A Woman." Sunday afternoon perhaps
could not adequately express the gratitude I am sure
many of us feel. The Women's Theater presentation in the Cloak
Theater told it all. They were six striking young women from New
York, dressed like backstage
staff, who came to Lawrence
to share with us in amazing
urgency and vivacity an
experience they had to
share with us. It was remarkable,
remarkably demonstrated to the
delight of the audience
particularly in the dream sketches.

Everyone laughed at her.

It was the story of years of
building, the appeal of family life.

They gathered in a circle and in a
brightly lit room, struggling in
their homes, in their jobs, in
their children's love, all together,

In the final scene the group
acted the life experience of one
of the women who narrated to the
accomplishment of guitar and
song. It was the story of years of
consciousness of being different;
the first time she was asked if she
were a girl, of guilt, of
infamy, of being alone with a man,
with him, with her; of happiness
and peace with a woman, of joy in
freedom and the celebration of
life.

They came, not to talk about
liberation, but to show it and
share it, to show the humor, the
frustration, the sorrow and the
joy of being woman. "Big belly,
shaking back," carefree girl, care-
laden woman, in love with him, in
love with her." It's all right to be
a woman." It's all right to be...
Sex Differences: Myths and Misconceptions

by Vera Wiggleworth

Women can't be sperm donors, and men can't be wet nurses." And that, according to Dr. Ruth Bleier in a lecture on human sexual differences (fact or fiction?), is the only unequivocal distinction one can make, on the basis of capability, between the two sexes. Speaking to a capacity audience in Riverview lounge Wednesday evening, the neuroendocrinologist from Madison with humor and intelligence dealt with the myths and misconceptions formulated in cultural, historical, or physiological contexts, and therefore trivialized by the sciences. Within the context of sexology, generally she went on to discuss homosociality and concluded with brief remarks on the specific idea or myth of instinct. Aside from the obvious anatomical and hormonal differences between men and women, both sexual and size, there are none, particularly none from which one can draw general set conclusions concerning intelligence, behavior, and occupational suitability. Even with regard to physical labor, while not all women are capable of handling such work, some are, and the distinction should be made in individual cases rather than sex cases.

With regard to intelligence and the brain, Dr. Bleier finds no factual support for the myth of differences between the brains of the sexes. In fact, brain size tends to be proportionate to the size of the body, whereas it took thousands of men studying composition to produce one Mozart, the score of women studying with neither social encouragement nor approval would not result in a situation similar to that of a female Mozart. It is a tradition of training and expectation which lies behind the production of geniuses, some fields being more tradition bound than others.

Ruth Bleier then turned to the field of biology and behavior to deal with the myths of aggression and passivity, and warned of the biased correlations that the vaginal walls can be compared to. For women, the clitoris and the "clitoral" orgasm are considered to be of lesser importance than the vagina. But when she observed that the vaginal walls do contain very few nerve endings, that therefore very little sensation of any kind is possible, gynecologists continue to misunderstand women and men.

In a study of gynecological texts, it was revealed that physicians were advised to teach women how to fake orgasms in the interests of keeping the man happy and preserving the marriage. Despite findings that it is the clitoris and the surrounding area that receive and transmit sexual stimuli, "clitoral" orgasm was condemned as being an immature response, masturbatory, etc.

Genealogical texts continue to state that it is the male who initiates and sets the tempo for intercourse. Aside from this being a matter for dispute, the implicaions are that things ought to be this way.

Turning to the matter of homosexuality, Dr. Bleier feels a safe conclusion to draw is that human homosexuality occurs mainly for pleasure, and since there have been proven no biological factors determining sexual preference, bisexuality may in fact be the biological norm. She finds that sexual behavior is largely culturally determined. And any number of factors and combinations conspire to create a sexual preference. Thus, we may talk of a cultural norm of behavior; we cannot label one aspect of human sexuality normal and the other abnormal. Dr. Bleier noted the unfortunate shame, secrecy and ignorance about sexuality in general until only recently, and cited the fact that in America the first department of studies concerning human sexuality was instituted as late as 1960.

Finally, Dr. Bleier addressed herself briefly to the question of instinct, saying that persons believed to be innately such that culture determines also the response of every human being in a general sense. But the window goes the myth of feminine intuition.

Ruth Bleier received questions from the audience and panel concerning the birth control pill and the women's movement. In her lecture and answers to questions she generally was concerned with the sexism on a large campus such as Madison, and the treatment in particular of faculty wives, and of little advancement for talented trained women in the upper echelons of administration.

ARTIST IN RESIDENCE
David Bigelow Parkinson Cooper School of Art Cleveland Ohio May 14-21

Monday, 9:00 p.m. - Natural Dying Techniques Slide Lecture, Worchester Art Center 6:00 - Lawrence University Theatre Company Dinner, Downer Food Center 7:00 - Beginning Macrame Workshop, Union Coffeehouse 8:30 - Advanced Macrame Workshop, Union Coffeehouse Tuesday, 1:30 p.m. - Xavier High School Art Department Slide Lecture, Worchester Art Center 6:00 - Lawrence University Theatre Company Dinner, Downer Food Center 7:00 - Renaissance Fabric Lecture-Demonstration, Riverview Lounge

Wednesday, a.m. - Xavier High School Art Department Slide Lecture, Worchester Art Center 6:00 - Glass Enameling Lecture-Demonstration, Appleton Gallery of Arts, Wisconsin-Michigan Power Company Building 7:00 - Advanced Fabric Lecture-Demonstration, Riverview Lounge

Thursday, all day - West High School Art Department 4:30 - Glass Enameling Lecture Slide Lecture, Worchester Art Center

Friday, all day - East High School Art Department 6:00 - Lawrence University Theatre Company Dinner, Downer Food Center 8:00 - Renaissance Fabric Lecture-Demonstration, Worchester Art Center

Saturday, all day - Renaissance Fair - Outdoor Demonstrations
Sunday, afternoon - Biblical Fabrics Lecture-Demonstration, All Saints Episcopal Church
The Dishroom: Working at Playing

by Felix Pointedexter II

Editor's Note: The following is a description of activities in Downer dishroom and is to be taken as such. It is not to be taken as an actual occurrence at a particular time, but rather as a summary of different occasions. Anything that has reference to anyone who has ever worked in Downer is completely by chance and is totally accidental. However, as an added precaution, the names used in the following are fictitious. This is to prevent any innocent people from being incriminated as accessories, and to protect the guilty from being fired.

The dishroom supervisor enters the dishroom a few minutes before 3:00 p.m. He walks over to the conveyor belt where the two people who do early dishes and sees the conveyor belt full of dishes, as it always is at 3:00. The supervisor looks at the belts and says, either to himself or to the two innocent victims, "Goddamn!"

As the supervisor begins to run dishes through Hobart (the dishwashing machine) the rest of his crew monstroses into the dishroom. They slably begin to set up the glass racks and the carts for the dinner plates and other dishes. Then comes the little kid that everyone loves, Flighty. Flighty is very alive. The supervisor looks down at Flighty.

"Well, what do you want to do tonight?"

Flighty smiles. "Load." Flighty now puts dishes into the machine.

Everyone is now warmed up and raring to go. The bell that magically brings the dishes from dish return to the dishroom is turned on. Now comes all kinds of good stimulation, intelligent conversation, which probably goes on nowhere else on this campus.

"I don't think it is right for a couple to bring up children before they really get to know each other. I think they should wait awhile before they should start bringing up children until they have been married for three years or so.

"Yeah it is given them a better chance to build their relationship, and it is through this relationship that children can be brought in them, once you have this strong relationship."

A girl unloader looks perplexedly at the dishroom supervisor. "Bamp, what do I do with these?"

"Well, Fearless Leader has said we have to put everything in the new cart. She has also said that we can't leave the dishroom, so I say to you, in the words of Rhett Butler, 'Frankly, my dear, I don't give a damn.'"

"The supervisor here makes an attempt at demonstrating eloquence, which of course is vain."

"Hey Bendix, comes the yell from another fellow worker "keep it up and soon you will be very wet." The response to this, a word of Downer's patented sauce. "It's kinda bad when you can't even get a plate!"

Faintly, a voice calls down from the dish returner "Hey Igor just ate there are all screw out of dishes. But there's nothing I can do." Meanwhile another conversation continues.

"Maybe they'll get fired."

"You mean just like we would if she ever heard this?"

"Yeah, Flighty is now very upset, and looks sternly at the supervisor. "These glass dishes won't come clean."

"It's kinda bad when you can't even get a plate of food from out of dishes. But there's nothing I can do."

Meanwhile, there is still the discussion about marriage and babies.

"I think the best age for getting married is around 23 because by then you probably are out of college and know someone that you could live with the rest of your life." That doesn't necessarily mean that you'll be mature at that age. People mature quicker than others. I think it would be better to wait until you think you're ready for marriage."

Meanwhile another conversation continues.

"But then if there is no God, how do you account for Creation?"

"It could all be a process of nature."

"Everything had to have a cause. But even that aside, it just seems to me that there just has to be something for people to believe in. And I think that He shows his love for us by even letting us live. Really, if He wanted, He could stop our life whenever He was ready. The completeness that I get just knowing He is with me is more than I could possibly begin to describe." (The speaker says the last sentence in the process of ducking a radish thrown at the person to the right.)

Faintly, a voice calls down from the dish retainer "That's all!"

After the dishes are all put away, everyone begins to imagine the mood you know who will be in when she sees the sudden colorful touches added to the wall. Everyone says a good night and quietly leaves. They are all good friends, even amidst the wars and the insult. The people of Downer's dishroom are proud. They do their assigned work. Sometimes they even work the machine itself and actually show great effort in doing the work. They know they are looked down upon by the rest of the Downer employees. But the dishroomites know that they are among the more important cops in the efficient running of Downer.

Occasionally their exuberance is displayed in the form of zills bombs, but then they need something that make their work tolerable. They get good more, but then again, what is that considering the things they do and the conditions they work under. Not much gratification. They work short handed, if necessary, without complaint, but in accordance with the situation. They work the hardest and longest hours of all Downer student employees and get never seen or thanked, only ignored and condemned upon. But they live working there, including the dishroom supervisors, who have the task of taking responsibility for all that occurs in the dishroom, including the shoulder that extends the entire length of the spine when the cry goes out "Hey Iqor just ate a plate!"
A Personal View

Lillian: Running the Dishroom

by Gary Richardson

To all the people who work lunch in Downer dishroom, Lillian is a way of life. It is Lillian who makes sure that no one in the dishroom has to work too hard. It is Lillian that won't let you throw food around the dishroom. It is Lillian who takes care of the students at one of your friends. It is Lillian that won't let you throw food around the dishroom and make sure that no one in the dishroom has to work too hard. It is Lillian that gives credit to the students who work in the dishroom.

Lillian came to work at Lawrence roughly 10 years ago. She says she came here to support her son and herself. Therefore, she has had a while to observe the students of Lawrence over a number of years. She says that the students are more polite than they used to be. She also likes working with the students of Lawrence, which is what I know of them, can be, to say the least, a strain on the nervous and digestive systems.

From my own observation of Lillian in the dishroom, I can see that she really likes the students. She laughs with them, talks to them in the process of their working. If there is someone missing, Lillian does all that she can to ease the work load. She generally gets meals done fast, assures the people upstairs that they will have all that they need, and that the dishroom will run smoothly.

Lillian provides a certain sense of security whenever she works. I just know things won't go wrong when she is down there. The dishwashing machine never breaks down when she works. There is never a mountain of broken dishes to sweep up when she is there, because there are no broken dishes. There is never the crisis of running out of spoons, because Lillian takes the spoons upstairs, if any come downstairs to get them.

Lillian works hardest at telling students how they might better do their assigned jobs, which some students have a tendency to resent. But then again, what do Lawrence students know? (That's not Lillian's viewpoint, but mine.) And anyway, Lillian has been there longer and probably knows most of the shortcuts to the goal of all dishroom workers, getting out early. If nothing else happens, Lillian's presence in the dishroom is a guarantee that the dishroom workers will finish earlier than if left to their own devices. And student devices never work.
Special Diets: Sometimes They’re Boring

by Linda Behar

What kind of special diets does Downer Food Service provide for those individuals who are unable to eat a given menu? According to Mrs. Lillian Chapin, Director of the University Food Service, special diets are made up for those students in accordance with diets recommended by the university’s doctors at the Health Center.

Special diets include all vegetable plates and vegetable and fresh fruit plates. These are recommended diets for those students having complexion problems. Also available are bland diets which consist mainly of soup or consomme, broth, clear jello, toast, and tea, for those individuals suffering from intestinal flu. The diet progresses to poached eggs and usually by the end of the diet the student requests to return to the regular menu.

Another kind of diet, the allergy type, can be boring, according to Ms. Chapin. One student on each a diet, Layne Thompson, remarked, “I won’t that Downer offered a greater variety such that if they have an item that I couldn’t eat, due to my allergies, that they would offer at Colman.”

Other diets available are the ulcer diet which restricts foods high in sugar and fruit, pork, fish, and raw vegetables to name a few; a sugar-free diet; and an instant breakfast type diet, which is a bland diet. Instant breakfasts, although they are not available, When asked if Downer workers have to go to much trouble to prepare special diets, Ms. Chapin replied that as long as a special menu was requested in advance it would be regularly and automatically prepared for the student as long as it was recommended by the university physicians.

At one time as many as eight to nine individuals had to have special diets. However, there are only a few students on special diets at the present time.

Food Committee Fields Complaints

by Bonnie Prato

The Downer Food Committee, a representative group of students from the various dormitories, was formed both to field complaints and suggestions from the student body at large and to help initiate novel ideas at Downer and Colman. Last year, for example, the Committee was instrumental in helping outline the changeover to the continuous food service. It was the committee who sponsored “Apres Midday,” recently, and will hopefully have other special dinners.

Besides this, the committee also serves as “guinea pigs” for new foods the food service is considering buying. Recently we had a soybean dinner of no-ham, no-chicken, no-beef and, due to my allergies, that they would offer at Colman.

A relatively small group, 8 to 10 members, the Downer Food committee generally meets once every two weeks for about an hour.

The Colman Mystique

by Jenny Glatch and Joe Bruce

To compare Colman and Downer dining centers is not an easy task—not is it really a fair one. There is no, and can be no, comparison of the two. We can only ask such questions as, “Why do some students prefer Colman over Downer?”, or “Is Backeteria better?” or “Why do some students prefer Colman over Downer?” Both are university owned and contain the same food, although the cooking methods vary. A weight watcher, the Zen diet, which consists of micro-bland food, are not available. When asked if Downer workers have to go to much trouble to prepare special diets, Ms. Chapin replied that as long as a special menu was requested in advance it would be regularly and automatically prepared for the student as long as it was recommended by the university physicians.

At one time as many as eight to nine individuals had to have special diets. However, there are only a few students on special diets at the present time.

The difference essentially begins with size. For the same reason that we chose Lawrence over a larger school, we chose Colman over Downer. Colman is smaller than Downer. Colman has three large dining rooms conveniently labeled A, B, and C in known variously as the “red room,” the “room with the big tables,” or “upstairs.” Dining Room A looks at the Methodist Church, while B and C overlook the quad. The view of the Fiji house is really unique—if you like that sort of thing. But if you don’t, the red room has a beautiful red wall.

Colman, however, has only one dining room. Admittedly, it’s a larger room than any of Downer’s, but it has wooden tables and you don’t have to go upstairs to find them. The clearest advantage to having only one dining hall is that it makes it easy to find who you’re looking for. And even if you don’t care much about people, conversation, or civil society in general, you can at least look out the windows and watch something other than the Fiji house. That thing happens to be the Fiji River, which you see if you really hate the top of the Fiji house. Actually, the Fiji River isn’t all that bad a drive from a distance. Besides, since Colman is glassed in on three sides you can’t help but catch a patch of green grass and some apple trees, depending on which way you turn.

Colman: you have to hold your own plate as you go through the line. Not only this, but there is no glass gloves. “They call me ‘Iron John,'” he boasts. John who create the peculiar atmosphere that students known primarily for their intense aversion to all other people. Students have been known to bring meat back to the kitchen where it is cooked to their own preference. They’ve also been known to have asked for and received receipts for various things, especially desserts. Also, Colman keeps the door leading to the coffee and tea unlocked after the line closes, making it easy on the compulsive procrastinators as well as caffeine and cigarette addicts.

Ms. Della Korth runs Colman, and is most concerned with the quality of the food and the satisfaction of the students. The small group of cooks take similar, if not identical, concern with the opinions of the diners. The general attitude is that college kids nowadays aren’t really any worse than they have been (although that may be stretching it a bit!).

Assembling the ladies every meal is an equally small, zealous, proud, and united group of students who call themselves “the crew.” The obvious pleasure that this dedicated band of young people take in their work is embodied in the spirited freshness like John Bruce. John immediately established himself as “one of the crew” by virtue of his handling of the hot dishes as they emerge from the dishwasher without the benefit of gloves. “They call me ‘Iron John,'” he boasts. John went on to express the general philosophy of the crew by saying, “We like to serve.” It’s people like John who create the peculiar atmosphere that Colman is noted for.

Lest this appear to be too biased, mention should be made of the most frequent objection to service at Colman: you have to hold your own plate as you go through the line. Not only this, but there is no glass gloves. “They call me ‘Iron John,'” he boasts. John immediately established himself as “one of the crew” by virtue of his handling of the hot dishes as they emerge from the dishwasher without the benefit of gloves. “They call me ‘Iron John,'” he boasts. John went on to express the general philosophy of the crew by saying, “We like to serve.” It’s people like John who create the peculiar atmosphere that Colman is noted for.

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Food Center Policy Outlined

by Chris McCarthy

Despite the rise in food prices, the menus and quality of food being served by Lawrence's food services will not be changing in the near future, according to Ms. Lillian Chapin, director.

The only changes to be expected, she said, will be a shortage of some meats, eventually there may be limited use of vegetable meat substitutes. No plans for this contingency have been made as yet, however. The shortage of meat is due to insufficient delivery by the people from whom it is bought.

Because of controls on meat prices, some meats which were previously too expensive will now be bought in larger quantities by the public, leaving smaller quantities available for Lawrence.

Ms. Chapin also explained that because Downer works on a continuous service system, food is not served in bulk. Rather it is cooked only in quantities large enough to serve the students eating at one time. In this way, it was hoped, the disadvantages of institutional cooking could be reduced. Ms. Chapin claims that since both Downer and Colman work on this basis, and follow the same menu, food should not vary between the two dining halls.

Menus in the food service are prepared in 5 week cycles; i.e. after 5 weeks a menu cycle begins again. The menus are modified continually by Ms. Chapin, Ms. Della North (director of Colman) Robert Bruns, assistant director of the food service, and a student committee.

Items kept on the menu repeatedly are those which have passed the student "popularity test."

When asked about the food situation, Bob said that the Food Center is budgeted about $5000 per week and that it comes out "pretty close." The food itself is purchased from many companies. According to Bob, "It's a matter of using the companies against one another for the best price." This relates to the problem of rising costs in food. "If a cut of meat is being purchased at $1.35 per pound and goes up to $1.50, a lower grade of meat will be purchased at $1.25."

Besides working at Downer and Colman, Bob spends a lot of time at the "Y," especially playing racquet ball and scuba diving in Door County. He also likes riding his bike, and admits that with Appleton weather he usually has to rely on his '66 Pontiac Grand Prix.

A Day in the Life

Of a Downer Host

by Sue Reeves

Larry Tremaine has the most prestigious student job at Downer. He is the head food host. The job involves scheduling the 12 Downer student workers each term. He hires and fires workers, and is responsible for finding replacements in emergencies, such as when a student drops out in mid-term. In addition to this duty Larry and three other Downer hosts each work four to five meals a week. The hosts see to it that all the workers are there, that the milk and coke machines are filled, that spoons are available, etc.

Continuous meal service at Downer complicates Larry's responsibilities. There are hours when no food host is on duty: the workers still must be there. Even when not on duty the hosts are held responsible for all contingencies that may arise.

Larry is actually quite unpretentious concerning his position of exalted responsibility and authority. To his workers he is known as "good old Larry"—and I like to keep it that way. "They think of him, he explained, not only as their boss, but as a relatively good friend. But, he acknowledged, sometimes he has to get tough. "Today's college youth are such that a certain amount of carefully applied pressure, a form of subtle but systematic coercion, whether it be verbal, or, in some cases, calculated physical abuse, is needed in order to insure a consistent output of high quality performance." Larry's methods are simple, yet effective. "I don't go in for flandering," he said. "I lay it on the line."

Food hosts are chosen by the hosts of the previous year. How did Larry, a junior, obtain this prestigious job? The three year Downer veteran explained, "I worked my way up from the dishroom."
Meditationist to Speak

The Students International Meditation Society will present a series of two introductory lectures on Transcendental meditation. The first will be at 7:30 p.m. Wednesday, in Youngchild 111, and will center on why one might want to start the practice. The second, at the same time and place Thursday, will go into more detail on the mechanics of the technique, and how it differs from other similar practices.

In an announcement of the discussion, Meditation Society representative Peter Kimbel emphasized that "Transcendental Meditation is in no way connected with any religion or set of philosophical beliefs." Rather, he said, "It is a technique, pure and simple."

The meditation, he says, is "a simple, natural, spontaneous technique which allows the conscious thinking process to automatically arrive at subtler states of mental activity, affording the mind complete relaxation and release from tension, which is automatically reflected in the physical body."

Meditation can be explained, Kimbel said, "in the mechanics of the thinking process." As he described it, "Every thought is an impulse from deep within the mind, ordinarily this thought is perceived as such only during the later stages of its development."

In contrast to the usual experience of thinking at the conscious level, transcendental meditation allows attention to be drawn to the "deepest and most refined level of thinking."

Real benefits accrue to practitioners of transcendental meditation, Kimbel said. He claims users "report finding that they have more energy, are able to think more clearly, more effectively, experience greater clarity of perception, and are less susceptible to anxiety and fatigue."

For many years, meditation acquired an unfortunate connotation of being slightly witch-doctorish gibberish and hocus-pocus. Recently, however, the metaphoric descriptions of traditional meditators have been backed up by studies at medical centers including Harvard, Stanford, and UCLA. These scientific studies have found that the mental state attained during meditation is unlike any other conscious state.

The sense of relaxation and simultaneous alertness reported by meditators was verified by the researchers who tested identifiable bodily indicators. The metabolism slowed, blood flow decreased, but mind waves indicated continued alertness.

Kimbel concluded that meditation "is a very simple, effortless technique that can be learned by anyone in four days of instruction."

Ormsby Returns

From Sabbatical

by Paula Hayes

Ormsby Hall, due to reopen next September, will remain basically the same structure as before, with interesting and beneficial changes according to Richard Haynes, director of dormitories. Unlike the renovation of Sage Hall, that of Ormsby does not involve any mechanical changes. The familiar old study lounge, however, will be converted to six doubles and a bathroom.

On first floor the position of the desk has been changed to face the large lounge, and corridor will run behind the desk to give first floor residents greater privacy. The TV lounge has been incorporated into the head resident's apartment that Haynes assures, a new one is being built on the ground floor. A bike storage room, typing room, and a dining room kitchenette are also new additions on the ground floor. Directly under the upstairs lounge will be located a new carpeted library lounge.

The small doubles on second and third floors have been changed to spacious singles, said Haynes. Ormsby will contain more singles than before, though the number of spaces remains the same. New kitchenettes are being built and the pressing rooms renovated. With the addition of a long needed sprinkler system, due to the old wooden structure, the ceilings are being dropped. They will be untextured, as in the newer dorms. A completely new heating system will replace the old noisy and unpredictable one, that all former Ormsbyites fondly remember. The old wooden floors will be preserved also.

A committee is working on furnishings for the lounges, according to Haynes, though furniture in the student's room will remain the same. Freshmen will be housed on the ground floor and seniors on the other floors. No blueprints of Ormsby could be located, remarked Haynes, and during the renovation some interesting features were discovered, such as an old elevator shaft and apparently useless pipes which were found later to be quite necessary as they hold up the ceiling. According to Haynes, Ormsby Hall has had a very interesting history. Next to main hall, which is up for renovation this fall, Ormsby is the oldest building on the LU campus.
Lyric Tenor To Sing For Artist Series

(\textit{LUN}—Lyric tenor Peter Schreier, one of the most sought-after tenors in Europe today, will be at Lawrence Thursday, May 17.)

Schreier's appearance will be the final attraction of the 1972-73 Lawrence Artist Series, which this year has brought to Fox Valley audiences the Toulouse Chamber Orchestra, pianist Alice de la Rovaha and the Milwaukee Symphony Orchestra.

Tickets are still available for Schreier's concert, which will be at 8 p.m. May 17 in the Lawrence Memorial Chapel.

Schreier, a native of East Germany, made his debut at the Metropolitan Opera in New York in 1966, and was re-engaged for subsequent roles at the Met.

A favorite with audiences for his interpretations of Mozart roles, Schreier was under contract to the State Opera in Dresden, Germany, from 1964-68, when he was appointed director of the German State Opera in East Berlin. In 1968, Schreier became a guest artist regularly.

Hailed as a distinctive and sensitive singer of German repertory, Schreier has been a frequent performer at Europe's leading music festivals, such as Schonbrunn in Austria.

For his Lawrence Artist Series appearance, Schreier has selected a program featuring the music of Mozart, Beethoven, Schubert, Schuman, and Hindemith.

Brahms Requiem To be Performed By 110 Sunday

The Choral Society will perform the Brahms "Requiem" Sunday, May 13, at 8 p.m. in the Memorial Chapel.

The 110 singers will be directed by Dr. Karle J. Erickson, assistant professor of music, with baritone soloist Austin Boncher, director of music education for the Appleton public schools, and soprano soloist, Marcia Mitteistadt, a senior. Organ accompaniment will be provided by Jamies Thomas Fordwich.

This is the second appearance of the Choral Society this year, marking a first in the society's recent history. For a number of years the singers concentrated performances to one per year, traditionally presenting Handel's "Messiah." Last year, in an attempt to vary the Choral Society's fare, a February concert replaced "Messiah" with Hovhaness's "Magnificat" and Gabriel Faure's "Requiem." This year the society reinstated the "Messiah" performance and added the forthcoming "Requiem" to its agenda.

The Brahms "Requiem" departs from traditional liturgical sequence. Beginning with "Blessed are they that mourn," rather than "Grant them eternal rest," the work emphasizes the comfort and confidence of the living over the intercessory prayers for the departed dead.

Director Erickson chose "Requiem" for its musical appeal. "It is familiar and easy to listen to," he said.

Both solosists in "Requiem" bring considerable background in solo work to the performance. Baritone Austin Boncher is music director for Trinity Lutheran church in addition to his position with the Appleton public schools. A frequent soloist in the Fox Valley area, Boncher graduated from Lawrence in 1968 with a bachelor of music degree and received a masters in music education from Indiana University in 1970.

Marcia Mitteistadt, a Lawrence Opera Theatre lead, was recently heard as an actress in the Children's Theatre, has distinguished herself in various competitions. In 1967 she was one of the prize-winners in the Green Bay Symphony Orchestra's Young Artists Competition. A student from the studio of John Koopman, associate professor of music, she has also been soloist for the Pinocchio "Gilda" performed at the First United Methodist Church.

Tickets for Sunday's concert, at $1.50 for adults and $1 for students, are available at the University box office.
COMMEMCENMENT
Commencement activities planned for the class of 1973 include:

THURSDAY — June 7
4:00 p.m. — Senior Moments — Rollman Hall

THURSDAY — June 7
6:00 p.m. — Senior Moments Concert — Lawrence Memorial Chapel
9:30 p.m. — Senior Moments Party — Memorial Hall

SATURDAY — June 9
8:00 a.m. — Phi Beta Kappa Breakfast — Renewer Center
10:30 a.m. — Senior Moments for Commencement — Lawrence Memorial Chapel
1:00 p.m. — Program for Classics Champions — Main Dining Center — Main Hall
1:00 p.m. — Bulliet Picnic for Seniors and Parents, Alumni and Faculty — Main Campus
11:30 a.m. — Buffet Picnic for Seniors and Faculty — Main Campus
12:00 noon — Beach Picnic for Seniors and Their Families — President's Home
2:00 p.m. — Program for Classics Champions — Main Hall Campus
3:00 p.m. — President's Reception for Seniors and Their Families — President's Home
6:00 p.m. — The Pinball Championship will begin in front of Colman
9:00 p.m. — T know the World in Bowling
11:00 a.m. — Senior Moments for Classics Champions — Main Hall Campus

NEW PAPERBACKS:

—THE OLDIES BUT GOODIES — Steve Propes
A guide to collecting phonograph records of the 50's

—WHAT DO YOU SAY AFTER YOU SAY HELLO? — Eric Berne, M.D.
An examination of the life script that each of us develops

—MY NAME IS ASHER LEV — Chaim Potok
About a young boy whose extraordinary talent leads him away from his family and his faith into a painful maturity and perilous success.

And -
Last Tango in Paris
—Robert Alley

Lawrence Linksters Beat Lakeland

The Lawrence University Golf Team tasted both victory and defeat last week. On Thursday, the team hosted Lakeland College at High Cliff golf course. In this encounter, the Vike linksters came out on top. Due to cold and windy weather, the match was shortened to nine holes. Leading the golfers was captain Tom Meyers who shot a 40. Freshman Dennis Davis shot a 41. These two low scores led the Vikes to their eight stroke winning margin.

Saturday was a different story for the golfers. Travelling to Elkhart Lake, Wisconsin, the linksters played in the annual Lakeland Invitational. This year, ten teams competed. The Lawrence golfers obviously didn't take advantage of the ideal golf weather, for they finished a disappointing seventh. Lawrence totaled 349 strokes for six golfers. Low man for the Vikes was sophomore Gene Wright, who earned an 84. Meyers and Davis, the two most consistent golfers, both carded an 84. Meyers and Davis, the two most consistent golfers, both carded an 84. Meyers and Davis, the two most consistent golfers, both carded an 84. Meyers and Davis, the two most consistent golfers, both carded an 84. Meyers and Davis, the two most consistent golfers, both carded an 84. Meyers and Davis, the two most consistent golfers, both carded an 84. Meyers and Davis, the two most consistent golfers, both carded an 84.

Track Team Braves Southeast Wisconsin

This past Saturday, the Lawrence track team braved the weather over the hills and turns of southeast Wisconsin, crossing the Mississippi to boot, to compete in the Spartan Relays hosted by the University of Dubuque. The Vikes arrived in cold and windy weather feeling as though they had ridden on a roller coaster. Steve Neuman and John Davis started the Lawrence victory early with a second in the shot put and a fifth in the javelin. Co-captain Jim Toliver, just returning from an injury, jumped 20' 2" for second place in the long jump to score the Vikes' only points in the jumping events. Inside conference champion, Tom Keith remained behind to take his Med boards.

The Vikes really showed their strength in the pole vault as Dave Bower and Lloyd Nordstrom took first and second, the result decided on the basis of fewer misses. They were in fact the only two competitors as everyone else was afraid to jump into the rough pit composed of five to six hundred large sandwich boxes. One and last Dodger, the eventual champion and runner-up, just returning from the jumping events with the exception of freshman Boldt, finished second in the 200 with a time of 22.8 and his placing in the invitational.

Cocktail Lounge
Private Dining Rooms

The Vikes are No 1 with us at Sabro
Sabro Lanes is No. 1 in Bowling
330 Midway, 739-9161 — Come and visit us

Cocktail Lounge
Private Dining Rooms

on the corner of Franklin and Superior - 739-8896